

Susan Grace Landes, Psy.D., M.F.T.

5665 College Ave. Suite 330 Oakland, CA. 94618 drsusanlandes@earthlink.net

License #MFC25632

(510) 652-5808

EDUCATION:

September 1996 The Wright Institute, Berkeley, CA
To June 2003 Psy.D. in Clinical Psychology

September 1983 John F. Kennedy University, Orinda, CA
To December 1987 M.A., Clinical Psychology
Specialization in Alcoholism and other Chemical Dependencies

January 1978 University of California Santa Cruz, Santa Cruz, CA
To June 1980 B.A., Psychology

September 1974 Chabot College, Hayward, CA
To December 1977 A.A. General Education

CLINICAL EXPERIENCE:

January 1990 to Present
Private Psychotherapy Practice, 5665 College Avenue, Suite 330, Oakland, CA. 94618
Second office: 13620 Lincoln Way, Suite 370, Auburn, CA 95603 530-888-9858.
Third office: 129 C St. Suite 7, Davis, CA 95616
Provide weekly psychodynamic psychotherapy for individuals, couples, adolescents, and families. Although integrative, my theoretical approach is Control Mastery, Intersubjectivity and Family Systems Theory. Seventy five percent of my work is with people who are experiencing the effects of substance abuse.

January 2008 to Present
Program Director/Owner Auburn Davis Center For Dialectical Behavior Therapy, 13620 Lincoln Way, Suite 370, Auburn, CA 95603 530-888-9858.
Provide out-patient DBT skills training groups and individual DBT therapy to adolescents and families.

June 2001 to June 2003
San Francisco Psychotherapy Clinic and Training Center, Berkeley, CA
Pre-doc Internship
Helped organize and develop this graduate-training program in an outpatient mental health setting. Provided individual, adolescent, family and group psychotherapy using Control Master Theory. Conducted outcome research on therapeutic effectiveness.

September 1998 to July 1999
Berkeley Mental Health, Youth and Family Services, Berkeley, CA
Psy.D. Practicum Third Year
Conducted individual and family therapy with children and their parents/guardians from diverse ethnic populations, in a community mental health setting. Utilized psychodynamic, family systems theory and play therapy. Provided consultation with parents and teachers. Collaborated with staff psychiatrist.

September 1997 to August 1998
Catholic Charities, San Francisco, CA
Psy.D. Practicum Second Year
Provided weekly psychodynamic psychotherapy with elderly individuals, and couples at Martinelli House, an independent living complex in San Rafael. Treated individuals who were suffering from depression and various mood and adjustment disorders due to aging, medical difficulties and loss. Co-facilitated a weekly

support/social group.

October 1984 to June 1985

**John F. Kennedy Community Counseling Center, Concord, CA.
Marriage and Family Therapist Trainee**

Provided individual psychotherapy to a caseload of four clients in an out patient community-counseling center.

CONSULTATION AND SUPERVISORY EXPERIENCE:

March 2007 to Present

**Aegis Medical Systems
Regional Clinical Director**

Aegis Medical Systems is a large agency that has 26 programs throughout the state of California providing substance abuse treatment and opiate replacement therapy to the opiate addicted adult population. As Regional Clinical Director I provide recruitment, clinical training and supervision to Psy.D. practicum, and M.F.T. trainees/interns. I also conduct clinical training and supervision for two to eight paid staff at two programs. Additionally, I provide consultation to program directors on program development and design.

October 1999 to July 2005

**Horizon Services Incorporated
Clinical Services Director**

Horizon Services is a non-profit agency providing substance abuse prevention and treatment services to a multicultural, diverse population of youth and adults. Provided recruitment, clinical training and supervision to eight Psy.D. practicum, and M.F.T. trainees/interns. Conduct clinical training and supervision for fifteen to twenty paid staff at six programs. Participated in management meetings and provided consultation to program directors on program development and design. Worked on a development team in conjunction with San Mateo County to develop two out-patient substance abuse treatment programs in two homeless shelters. Ultimately became the program director of the two programs.

September 1997 to August 1998

**Catholic Charities, San Francisco, CA
Psy.D. Practicum Second Year**

Provided clinical supervision to line staff at Guerrero House a 25-bed transition house for homeless youth. Also provided consultation on program design and development to the Program Director.

October 1993 to September 1996

**Thunder Road Adolescent Treatment Program, Oakland, CA.
Clinical Supervisor**

Thunder Road is a fifty-bed residential substance abuse treatment program for youth. Provided recruitment, training, and supervision of up to eight M.F.T. trainees and interns.

August 1991 to October 1993

**Thunder Road Adolescent Treatment Center, Oakland, CA.
Program Director**

Managed the residential program and provided clinical supervision and training to counseling staff of thirty. Facilitated the treatment of up to fifty adolescents including treatment planning. Attended and participated in management meetings that were instrumental in the operation of the treatment program.

September 1990 to August 1991

**Thunder Road Adolescent Treatment Center, Oakland, CA.
Family Therapist Coordinator**

Coordinated the Family Therapy component of the treatment program, provided training and supervision for Primary Counselors facilitating family groups, managed two, six-week lecture series, and provided individual family therapy, as needed. Also coordinated and supervised the intern training program.

January 1987 to September 1990

Thunder Road Adolescent Treatment Center, Oakland, CA.

Team Leader/Primary Counselor

Provided counseling and case management for a caseload of up to five substance abusing adolescents and their families. Facilitated a variety of groups including Multi-family, Confrontation, and Therapy groups. Gave lectures on topics related to recovery, including 12-steps, Family Roles, Disease Model of Addiction. As Team Leader, provided supervision, support, and acted as a liaison with upper management for front-line staff's problems and concerns. Other duties included twice weekly shift supervisor, over-seeing the smooth flow of the unit, troubleshooting and responsibility for crisis management.

OTHER CLINICAL EXPERIENCE

December 1988 to April 1990

Occupational Health Services, Oakland, CA.

Group Counselor

Facilitated groups for mostly adult male multiple offender drunk drivers. Provided drug and alcohol education, supportive/motivational counseling and monitoring of 12 step meetings and/or Antabuse.

October 1985 to January 1987

McDowell Youth Homes, Inc., Aptos, CA.

Group Home Counselor

Provided supervision, discipline, and counseling for six severely emotionally disturbed adolescent boys.

RESEARCH EXPERIENCE

Dissertation Topic

“The Development of a Graduate Training Program in Substance Abuse and Dual Diagnosis.”

Developed and implemented a training program for doctoral students in the treatment of substance abuse/dependence and dual diagnosis. Research has shown that training in substance abuse has not been valued in the majority of professional psychology graduate schools across the country. This dissertation confirmed how psychology students benefit from substance abuse training, can bring valuable skills to programs in the area of dual diagnosis treatment and ultimately improve the quality of treatment to clients.

TEACHING EXPERIENCE

Sacramento State University, Psychology Department 2008- 2010

Substance Abuse Assessment and Treatment.

Couples Therapy, Human Sexuality and Domestic Violence

Alliant International University, Sacramento 2011, 2012

Introduction to Trauma Theory

Foundations of Psychotherapy

VOLUNTEER EXPERIENCE

January 1988 to January 1989

Bishop O'Dowd High School, Oakland, CA.

Group Counselor

Facilitated a teen support group for adolescents exploring their relationship with drug and alcohol use.

May 1982 to October 1983

Choice Clinic, Santa Cruz, CA.

Counselor

Provided medical information about birth control, abortions and the abortion procedure. Led group discussion about feelings, fears, and questions. Provided support and medical assistance to women during abortions.

May 1982 to October 1983

Santa Cruz Women's Health Center, Santa Cruz, CA.

Counselor

Provided birth control and health counseling, pregnancy screening and counseling, and basic medical assistance to doctors and nurse practitioners.

October 1981 to December 1982

Battered Women and Shelter Services, Santa Cruz, CA.

Counselor

Provided group and individual counseling with an emphasis on advocacy, support, assertiveness, job and housing search. Answered the Crisis Line and attended training and weekly staff meetings.

AFFILIATIONS

California Association of Marriage and Family Therapists (Since 1990)

East Bay Chapter of the California Association of Marriage and Family Therapists (Since 1990)

San Francisco Psychotherapy Research Group- SFPRG (Since 1989)

Education Committee of SFPRG (Since 2009)

Board Member of SFPRG (2011)

President Elect (2013)

President (2014)

Sacramento Valley Chapter of the California Association of Marriage and Family Therapists (Board Member 2008-2010)

Adjunct Faculty at The Wright Institute (2004-2010)

REFERENCES

Available on request